

NAR-ANON FAMILY GROUP MEETINGS IN THE KANSAS CITY METRO AREA



What is a Nar-Anon Family Group?

The Nar-Anon Family Group is for those who know or have known a feeling of desperation due to the addiction problem of someone close to them. Please know you are not alone, Nar-Anon members share their experiences, strength, and hope at meetings. If you struggle with a loved one because of their addiction, we are here to help you find the peace and serenity you deserve.

Monday evenings @ 7:00pm in Leawood, KS

“Touched by Addiction” Nar-Anon Family Group Meeting
Christ Community Church, Conference Room #1
14200 Kenneth Road, Leawood, KS 66224
(State Line Road & 135th St. (Hwy 150), south on State Line (becomes Kenneth Road)
Enter through main entrance - Meeting room is on the left.)

Tuesday & Thursday evenings @ 7:00 pm in Shawnee, KS

“New Perspectives” Nar-Anon Family Group Meetings
Hope Lutheran Church, Room #104
6308 Quivira Road (Shawnee Mission Pkwy & Quivira), Shawnee, KS 66216
(Enter front entrance – meeting room to left of sanctuary)

Wednesday evenings @ 6:30pm in Kansas City, MO

“Saving Our Selves” Nar-Anon Family Group Meeting
St. Andrew’s HJ’s Youth Center
6425 Wornall Rd. Kansas City, MO 64133
(Enter front entrance-meeting room on the right)

Wednesday evenings @ 7:00pm in Pleasant Valley, MO

“Northland New Hope” Nar-Anon Family Group Meeting
Shoal Creek Community Church
6816 S. Church Road, Pleasant Valley, MO 64068
(Park in back and enter through the doors near the children’s play area. If arriving late, call the number posted on the doors.)

**Kansas City
Website:**
www.naranonkc.org



**Midwest Regional
Website:**
www.naranonmidwest.org



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Serenity Prayer

God, grant me the serenity to accept the things I cannot change,
Courage to change the things I can,
and the wisdom to know the difference.

Do You Need Nar-Anon?

(A Questionnaire for Parents, Spouse, Relatives, etc.)

Ask yourself the following questions and answer them as honestly as you can:

1. Do you find yourself making excuses, lying or covering up for your child, spouse, relative or friend?
2. Do you have reason not to trust your child, spouse, relative or friend?
3. Is it becoming difficult for you to believe his/her explanations?
4. Do you lie awake worrying about your child, spouse, relative or friend?
5. Is your child missing school without your knowledge?
6. Is your spouse missing work and are the bills piling up?
7. Are your savings mysteriously disappearing?
8. Are the unanswered questions causing hostility and undermining your marriage?
9. Are you asking yourself "what's wrong?" and "is it my fault?"
10. Are your suspicions turning you into a detective and are you afraid of what you might find?
11. Are normal family disagreements becoming hostile and violent?
12. Are you canceling your social functions with vague excuses?
13. Are you becoming increasingly reluctant to invite friends to your home?
14. Is concern for your spouse, child or friend causing you headaches, a knotty stomach or extreme anxiety?
15. Is your spouse/child easily irritated by minute matters? Does your whole life seem a nightmare?
16. Are you unable to discuss the situation with friends or relatives because of embarrassment?
17. Are your attempts at control frustrating?
18. Do you over compensate and try not to make waves?
19. Do you keep trying to make things better and nothing helps?
20. Are the life styles and friends of the child/spouse changing? Do you ever think they may be using drugs?

If you have answered yes to four or more of these questions, Nar-Anon may be able to give you the answers you are looking for.

Nar-Anon Family Group Headquarters, Inc.
22527 Crenshaw Blvd. #200B, Torrance, CA 90505
(310)-547-5800 or (800)-477-6291
WSO Website: www.nar-anon.org